

Daily Readings

Saint Scholastica, Virgin - Week 5
Tuesday 10th February 2026

First reading

Song of Solomon 8:6-7

‘Love is strong as death.’

Set me as a seal upon your heart,
as a seal upon your arm,
for love is strong as death,
jealousy is fierce as the grave.

Its flashes are flashes of fire,
the very flame of the LORD.

Many waters cannot quench love,
neither can floods drown it.

If a man offered for love
all the wealth of his house,
he would be utterly despised.

Responsorial Psalm

Ps 148:1-2. 11-13a. 13c-14. R cf. 12a, 13a

Young men and maidens, praise the name of the LORD.

Praise the LORD from the heavens;
praise him in the heights.
Praise him, all his angels;
praise him, all his hosts.

Young men and maidens, praise the name of the LORD.

Kings of the earth and all peoples,
princes and all judges of the earth,
young men and maidens as well,
the old and the young together.
Let them praise the name of the LORD.

Young men and maidens, praise the name of the LORD.

His splendour above heaven and earth.
He exalts the strength of his people.
He is the praise of all his faithful,
the praise of the children of Israel,
of the people to whom he is close.

Young men and maidens, praise the name of the LORD.

Gospel Acclamation Jn14:23

Alleluia, alleluia!

If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.

Alleluia!

Gospel

Luke 10:38-42

‘Martha welcomed him. Mary has chosen the good portion.’

At that time: Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, ‘Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.’ But the Lord answered her, ‘Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.’

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